

BIRP note

Behavior, Intervention, Response, Plan

| | |
|--------------------|----------------------|
| PATIENT | DATE OF SESSION |
| _____ | _____ |
| PROVIDER | MODALITY (E.G., CBT) |
| _____ | _____ |
| DIAGNOSIS (ICD-10) | CPT CODE |
| _____ | _____ |

B — Behavior

Patient's presenting behaviors, complaints, mental status, and target symptoms.

I — Intervention

Specific interventions the clinician used — what you did and why.

R — Response

How the patient responded to each intervention — engagement, insight, distress, breakthrough.

P — Plan

Next session plan, homework, coordination of care.

PROVIDER SIGNATURE

DATE SIGNED
