

Discharge summary

Termination / discharge summary

PATIENT

DATE OF SESSION

PROVIDER

MODALITY (E.G., CBT)

DIAGNOSIS (ICD-10)

CPT CODE

Presenting problem at intake

Brief recap of the original chief complaint and diagnosis.

Course of treatment

Modality, frequency, duration, key clinical events.

Interventions used

Specific techniques and protocols deployed across the course.

Outcomes

Measurable change against initial objectives — scale scores, behavioral targets.

Status at discharge

Current symptom severity, functioning, risk.

Reason for discharge

Planned termination, transfer, patient choice, completion of goals, etc.

Aftercare plan

Recommended next steps, warning signs, how to re-engage care.

PROVIDER SIGNATURE

DATE SIGNED
