

# Group note

*Group psychotherapy progress note*

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PATIENT

DATE OF SESSION

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PROVIDER

MODALITY (E.G., CBT)

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DIAGNOSIS (ICD-10)

CPT CODE

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## Group context

*Group type, week or session number in curriculum, members present and absent, duration.*

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## Theme & interventions

*Topic, skill, or process the group worked on; interventions the clinician(s) used.*

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**Group dynamics**

*How members interacted; cohesion, conflict, leadership patterns, safety.*

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**Per-member participation**

*Each present member's engagement, contributions, progress toward their individual goals.*

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**Plan**

*Next session's topic, homework assigned to the group, individual follow-ups needed.*

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**PROVIDER SIGNATURE**

**DATE SIGNED**

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